

# BIBLE STUDY WEEK 99

## Bible Study: "My Soul Shall Make Its Boast in the LORD"

### Understanding True Confidence, Worship, and Humility in God

#### Key Text

#### Psalm 34 — Psalm 34:1–3 (KJV)

"I will bless the LORD at all times: his praise shall continually be in my mouth. My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad.  
O magnify the LORD with me, and let us exalt his name together."

#### Introduction

In a world that constantly teaches people to glorify themselves, promote their accomplishments, and build confidence through personal success, Scripture presents a radically different perspective. The believer's confidence is not rooted in status, wealth, talent, or power—it is rooted entirely in God.

When David declares, "My soul shall make her boast in the LORD," he reveals a heart transformed by worship, humility, and dependence upon God. This is not empty religious language. It is the cry of a soul that has discovered that God alone is worthy of glory.

This study explores what it truly means to "boast in the Lord," why it matters, and how believers today can live with hearts fully anchored in God.

#### Background of Psalm 34

#### Historical Context

Psalm 34 was written by David after one of the darkest and most humiliating moments of his life.

#### Reference Passage:

#### 1 Samuel — 1 Samuel 21:10–15

David was fleeing from King Saul, fearing for his life. In desperation, he went into enemy territory among the Philistines and stood before King Achish of Gath. When the Philistines recognized him, David became afraid and pretended to be insane to escape danger.

After God delivered him, David wrote Psalm 34 as a testimony of praise.

This is important because David's boast was not born from comfort or success—it came after fear, weakness, humiliation, and divine rescue.

### **What Does "My Soul Shall Make Her Boast in the LORD" Mean?**

\text{Boast in God} \neq \text{Boast in Self}

The word "soul" refers to the entire inner being:

- Mind
- Will
- Emotions
- Desires
- Identity

David is saying:

"Everything within me finds confidence, security, joy, and identity in God."

This kind of boasting means:

- God becomes your source of glory
- God becomes your confidence
- God becomes your satisfaction
- God becomes your testimony

### **Part 1 — Redirecting Glory to God**

#### **Human Nature Wants Self-Glory**

Because of sin, humanity naturally seeks recognition, praise, and superiority.

**Jeremiah — Jeremiah 9:23–24 (KJV)**

“Thus saith the LORD, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches:  
But let him that glorieth glory in this, that he understandeth and knoweth me...”

God warns against placing identity in:

- Intelligence
- Strength
- Wealth
- Accomplishments

Instead, true glory is found in knowing God.

## **New Testament Confirmation**

### **1 Corinthians — 1 Corinthians 1:27–31 (KJV)**

“But God hath chosen the foolish things of the world to confound the wise...  
That no flesh should glory in his presence...  
He that glorieth, let him glory in the Lord.”

Paul teaches that salvation itself destroys human boasting because redemption comes entirely through grace.

## **Teaching Point**

Boasting in God means:

- Giving Him credit for every victory
- Recognizing dependence upon Him
- Refusing prideful self-exaltation
- Celebrating His greatness above your own

## **Reflection Questions**

1. What things do people commonly boast about today?
2. What areas tempt you to seek validation apart from God?
3. How can you intentionally redirect glory back to God?

## **Part 2 — Boasting as an Overflow of Deep Affection**

David's words are not mechanical religious statements. They are emotional and passionate worship.

### **Psalm 63 — Psalm 63:1–5 (KJV)**

"O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee...

My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips."

True boasting in God flows from:

- Intimacy with Him
- Gratitude
- Awe
- Love
- Personal experience with His faithfulness

### **Worship Is More Than Words**

Many people praise God outwardly while their hearts remain distant.

### **Isaiah — Isaiah 29:13 (KJV)**

"This people draw near me with their mouth, and with their lips do honour me, but have removed their heart far from me..."

God desires genuine affection—not empty performance.

### **Teaching Point**

When your soul boasts in God:

- Worship becomes sincere
- Praise becomes natural
- Gratitude becomes constant
- God becomes your greatest treasure

## Reflection Questions

1. Is your worship mostly emotional, intellectual, or relational?
2. What experiences have deepened your affection for God?
3. How can you cultivate a heart that genuinely delights in Him?

## Part 3 — Boasting in God Produces Humility

This kind of boasting seems contradictory because boasting usually sounds prideful.

But biblical boasting in God is actually an act of humility.

### Why?

Because it acknowledges:

- "I cannot save myself."
- "My strength comes from God."
- "Every blessing is by grace."

### James — James 4:6 (KJV)

"God resisteth the proud, but giveth grace unto the humble."

### 2 Corinthians — 2 Corinthians 12:9–10 (KJV)

"Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me...

For when I am weak, then am I strong."

Paul learned that weakness creates room for God's power to be revealed.

### Teaching Point

Humility is not thinking less of yourself.  
It is thinking of God more.

Boasting in the Lord means:

- Depending on His strength
- Trusting His wisdom
- Exalting His power over your own ability

### **Reflection Questions**

1. Why is humility difficult for human nature?
2. How does dependence on God strengthen faith?
3. What weaknesses have drawn you closer to God?

### **Part 4 — Your Testimony Encourages Others**

Psalm 34:2 continues:

“The humble shall hear thereof, and be glad.”

David understood that public praise strengthens struggling believers.

When believers openly testify about:

- God’s faithfulness
- God’s deliverance
- God’s mercy
- God’s provision

...it inspires hope in others.

### **Revelation — Revelation 12:11 (KJV)**

“And they overcame him by the blood of the Lamb, and by the word of their testimony...”

Your testimony becomes spiritual encouragement and warfare.

### **Hebrews — Hebrews 10:24–25 (KJV)**

“And let us consider one another to provoke unto love and to good works:  
Not forsaking the assembling of ourselves together...”

Corporate worship and testimony strengthen the body of Christ.

## **Teaching Point**

When your soul boasts in God:

- Others gain courage
- Faith increases
- Worship spreads
- Hope rises in broken hearts

## **Practical Ways to Boast in the Lord**

### **1. Publicly Give God Credit**

Instead of only celebrating yourself, acknowledge God’s hand in your life.

### **2. Share Your Testimony**

Speak openly about how God has sustained and delivered you.

### **3. Worship Continually**

Praise should not be reserved only for church services.

### **4. Practice Gratitude**

Gratitude keeps pride from taking root.

### **5. Stay Humble**

Remember that every blessing comes from grace.

## **Cross References for Further Study**

- [Psalm 20](#) — Psalm 20:7
- [Galatians](#) — Galatians 6:14

- Philippians — Philippians 3:3
- Psalm 44 — Psalm 44:8
- Romans — Romans 5:11

## **Conclusion**

To boast in the Lord means your entire life becomes a testimony of God's greatness rather than your own.

It is:

- Confidence rooted in God
- Worship flowing from love
- Humility produced by grace
- Testimony that strengthens others

David learned that true security was not found in military strength, reputation, or human wisdom—but in the Lord alone.

The believer who boasts in God discovers a deeper joy than worldly success can ever provide:  
the joy of belonging completely to Him.

## **Closing Prayer**

"Lord, teach our souls to boast in You alone. Remove pride, self-dependence, and the desire for worldly recognition. Let our lives reflect Your goodness, mercy, and power. May our testimony strengthen others and bring glory to Your name. Help us to find our identity, confidence, and joy completely in You. In Jesus' name, Amen."